

A vertical image showing a view of Earth from space. The top half shows the blue and white horizon of the planet against a dark, star-filled sky. The bottom half shows the dark, textured surface of the Earth at night, with numerous small, bright yellow and orange lights representing city lights. The text "BREAKING THE SPELL" is overlaid in the center in a white, stylized font.

# BREAKING THE SPELL



IN THE SUBURBS OF THE MILKY WAY,  
THERE IS A SMALL PLANET TEEMING  
WITH LIFE.

ONE OF ITS LIFE FORMS IS A RACE OF  
SEMI-CONSCIOUS BIPEDS CALLED HUMANS  
WHO HAVE A RARE PECULIARITY: THEY  
ARE LOST IN A DREAM.



# INTRODUCTION

*I consider that we are eternal beings, expressions of an infinite consciousness that imagines and creates the universe.*

*And then I look at the world, the immense suffering inflicted on all forms of life and the madhouse that our planet has become.*

*No sane person could stand the current absurdity and violence for very long, nor could they live with it.*

*And yet, the human community accepts this insane version of reality; instead of questioning its validity, we bow down, we consent to more and more sacrifices in the hope that it will get better.*

*How to explain such madness? It could well be that the human race is bewitched. And it could well be that the spell that imprisons us is in the process of dissipating.*

*Alain-Yan Mohr, 2021*

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*To better understand, let's look at the current situation...*

# THE CURRENT SITUATION

## A COLLECTIVE CROSSING OF THE BARDO

According to Tibetan tradition, the "Bardo" is the intermediate state of existence between two lives on earth. After death and before the next birth, when consciousness is not bound to a physical body, one experiences various phenomena. These usually follow a particular sequence of degeneration, ranging from the most enlightened experiences of reality of which one is spiritually capable immediately after death, to terrifying hallucinations as a consequence of one's previous states of mind and actions.



For prepared individuals, the bardo offers a great opportunity for liberation, as transcendental insight can arise with direct experience of reality; for others, it can become a place of danger as the hallucinations created by karma can push them into a less than desirable rebirth. [Wikipedia]

All indications are that humanity has collectively begun the journey through the bardo.

## LIVING IN POST-HISTORIC TIMES

A great cycle of human experience ended in late 2012. Prior to this date, a certain linearity governed human affairs; the world was not better, but our collective consciousness and societies were still homogeneous. In other words, there was a framework that supported the weaving of the human experience.

Since 2012, the weave has disintegrated, and without support, the collective consciousness is in weightlessness. Our collective imagination is no longer restrained: delusional and contradictory worldviews are propagated. The world has become a madhouse.

This phenomenon of collective hallucination indicates that we have begun to traverse a collective bardo. We are experiencing in real time - and without buffer - the contents of our collective imagination. Our beliefs, our fears, our denials, our desires, our expectations are projected onto the screen of reality, as an urgent question posed by our soul: "is this what you want? Think hard, because everything you imagine becomes real."

The problem is that the content of our imagination is deeply influenced by the spell. Therefore, for humanity, this crossing of the bardo is the long awaited opportunity to break the spell.

# SOME EXAMPLES OF HALLUCINATIONS DUE TO THE BARDO

August 2021

## **The Great COVID 19 Delusion**



The planet has been brought to its knees and traumatised by what a growing number of experts and official bodies admit is the greatest hoax in human history, unable to prove that the virus exists. Meanwhile, the notion of being "healthy" has changed radically: the presumption of health innocence has disappeared, and we have to prove that we are healthy to participate in social and economic life.

## **Natural disasters**



The chaos that shakes the collective consciousness has a direct influence on weather phenomena. Half the planet is drowned in floods, the other half in fires.

## **Mass media and information control**



A few years late, we have entered George Orwell's dystopia, 1984. The thought police are everywhere, censoring any information that contradicts the official narrative. Websites are deleted, experts are fired, and heretics will soon be burned.

## ***Arrogance, excess and alienation***



*A few individuals have become richer than entire countries whose populations lack everything. Worse still, some people think they have the solutions to our problems.*

## ***Cancel culture***



*As we experience the consequences of neurotic worldviews, and instead of using these crises to evolve, we try to mask the problems under a veneer of absurd ideas. We rewrite textbooks, rename streets, tear down statues, sterilise languages, censor anything that upsets our comfort zones.*

## ***In short...***

*Let's not make the list any longer: the point has been made. And let's get to work: we have a spell to deactivate.*

# EMPTY YOUR CACHE!



*Attention is the most precious commodity of the human being - and probably of any conscious creature. It is the attention I give to a person, an object, a situation that gives it reality. I pay attention to you, I am interested in you: I charge this attention with appreciation, disdain, interest, love, judgement, expectation, desire, disgust, etc. The object of my attention becomes alive, infused with the attributes I have projected onto it. A beautiful person, an ugly picture, a poor dog, a sexy body.*

*Many spiritual practices suggest unloading the beam of attention, avoiding loading the beam with our projections, expectations and judgements. Keeping attention free of our own stories brings enormous inner freedom. Another word for uncluttered attention is love. The original. The one that sets you free.*

*In previous centuries, the geopolitical world has been shaped on the one hand by constant wars for resources such as oil, minerals and the soils that contain them, and on the other hand by holy wars to spread unhealthy ideas about god(s).*

*In our nascent third millennium, the most precious resource, the most coveted treasure, is our attention. Yours. Mine. Everyone's attention. The huge multinational groups, Amazon, Apple, Facebook, Google and other behemoths are waging wars to capture our attention. Hungrier and thirstier than ever, predators and vampires are now hunting for our minds. Once our attention is captured, it becomes easy to follow the beam back to its source, then enslave our minds. One Facebook like after another.*

*This phenomenon is not innocent. Emotionally charged, attention creates reality. By capturing our attention, these giant groups (or those behind them) use our minds as a source of energy to give substance to their alienating worldview. Let's be clear: this global predator is a facet of you and me. It will vanish the moment we regain our attention.*

*And right now, our attention is being held hostage by the global crisis of COVID 19.*

*My point is not to validate or invalidate the reality of the health crisis, that is for others to do, but to observe the*

parallel spread of another infinitely more dangerous and pernicious pandemic: fear.

Fear anaesthetises the mind, it puts us into survival mode. It contracts consciousness, clumping it around real or perceived dangers. Questions of meaning are evacuated, replaced by immediate necessities.

The crux of the problem is that in all its aspects, the current crisis is the logical outcome of a worldview. It is our global psychic software that produces these woes, and using that same software to solve this crisis will produce more of the same.

It's the cat that bites it's tail.

Our collective reality is the sum of our individual ideas about the world. As our individual ideas are rotten by the media and authorities who force-feed us contradictory, confusing, anxiety-provoking information produced by a debilitating system, the collective reality becomes ever more absurd, confused and alienating. So much so that those who try to bring back some sense are considered traitors to the cause - there's even a term for it, covidiot.

For decades, our health systems have been captive to medical-scientific fundamentalism, big pharma and big money. These organisations, which bear a major share of responsibility for the current debacle, claim to be solving the crisis in their own way - to the exclusion of all others. To

break out of this vicious circle, we do not need sorcerers' apprentices in white coats or three-piece suits, but individuals brave enough to learn to think for themselves and act responsibly.

The media, the authorities and politicians of all stripes shamelessly mix the notions of climate emergency, ecology and economic recovery in the same discourse, increasing the degree of collective confusion day after day. This schizophrenic attitude illustrates our inability to admit the bankruptcy of our current worldview. But the social pressure is such that no one dares to say that the king is naked.

And so on. I could fill pages with other examples, but the point is there.

In short, I refuse to allow insanity and organised idiocy to be poured into my living room and into my consciousness. I try to keep my attention as clean as possible.

Let's wake up! Life is not about barrier gestures, masks, the hope of recovery and a return to soporific normality.

Life is a gift, an opportunity to grow, to evolve, an adventure, a journey of fulfilment. Life is meaningful when essential qualities can flourish: love, freedom, respect, beauty, creativity, friendship, generosity, laughter, genuine and unprogrammed emotions. These qualities should be the indicators of our integrity and health.

## **Back to attention**

*It only takes a little honesty to admit it: the current planetary crisis is above all spiritual, because it questions our ways of being in the world and our reasons for being. The collective software that produces our vision of reality has become dangerous. Our blind obedience to absurd and unhealthy concepts (materialism, separation, growth...) is leading us straight to the precipice. Our systems of understanding are outdated, but we are not our systems of understanding - we use them to navigate reality.*

*Hence the importance of taking care of our attention.*

*The current situation is what it is. How do we experience it? Everything depends on attention, the attention we give to information received, to another person, to a feeling. First, there is the raw information brought to our attention: for example, XXX new cases of contamination in the last 24 hours. The information is received, and it could stop there out of sheer common sense, because we can't do anything with this data. But we let the software and its habits charge the attention, according to our belief systems: a rush of worry for my family and me, dismay at these upheavals in my daily life, a surge of anger against this Machiavellian plot, denial...*

*Each of these reactions adds a layer of reality to the information, consolidating this version of reality. Implicit assent after implicit assent, we cement the new normal.*

*When surfing the internet, it is recommended to regularly clear the browser's cache, i.e. to delete the history of your consultations and visits - especially after banking transactions.*

*I recommend that you do the same with your attention. Empty your cache. Delete the history of your worries, inner conflicts, useless information, cumbersome opinions, suffocating certainties, constructed guilt, resentments towards others and the world on a daily basis.*

*You will not become stupid, on the contrary. Relieved of the weight of conformity, freed from the handicap of obedience, you will have a clearer focus to approach each new situation. You will cease to adhere to the cause and effect conditioning of artificial intelligence. Naturally, from deep within yourself, a true and intuitive intelligence will blossom.*

*Empty the cache of your attention as often as possible: it is the greatest gift you can give yourself and the world.*

*And of course, remember that your mind is not a bin.*



# A GUIDE TO BREAK THE SPELL



- The spell is a virus infecting the individual and collective mind
- It makes us believe in absurdities and behave as if they were real
- To break the spell, one must know how it works.



*Where do your ideas about yourself and the world come from?*

## **To go deeper**

*The website offers a variety of infos, books and links to further explore the topics discussed on this site.*

## **Warning**

*This book describes the workings and consequences of the spell for the sole purpose of helping you to disable it. Use these ideas to free yourself from it, but do not take any of them as truth. Thank you.*

# RECIPE FOR CREATING A REALITY



- Form an image in your mind
- Put energy into it (be emotional about it)
- Believe in it
- Stir it up, let it sit for a while.

Add spices to taste.

You can enjoy your reality.



*Imagine that someone close to you betrays you.  
Imagine the reasons. Be angry, upset or grieved.  
You'll come to believe it. Enjoy your mind game.*

These ideas are not new or unusual. The notion that we create our reality from our beliefs and emotions is present in all traditions and wisdoms.

What is interesting is to observe how the spell makes us believe that reality is outside of us, that we are not the authors, but merely the extras.

As soon as you take back the ownership of your mind, the spell loses its influence in your life.

*The experiment that could transform your world would be based on the fundamental idea that you create your personal and collective reality from the nature of your beliefs, that all existence is blessed and that evil does not exist. If these ideas were adopted individually and collectively, then the evidence from your physical senses would find no contradiction. They would perceive that the world is good. This is the experiment that has not yet been tried, and these are the truths that you must learn.*

*Seth*



# RECIPE FOR LOSING YOUR POWER



- Accept in your mind an image given by someone else (person, organisation...)
- Put energy into it (be emotional about it)
- Believe in it
- Let the idea overwhelm you, don't question its validity

Add indignation or despair to taste.

You can enjoy your victimhood.



*Imagine being told that you need strips of paper called money to survive on this planet. Consider it possible. Fear the lack of it, get upset. Eventually you will believe it.*

*Enjoy somebody else's mind game.*



*Imagine you were told that you carry viruses that are dangerous to those around you. Consider it possible. Worry, even if you feel fine. Eventually you will believe it enough to wear a mask, etc.*

*Enjoy someone else's mind game.*



# ANATOMY OF THE SPELL



The spell has a parasitic effect that alters your perceptive software, with a cascading effect.

It diffracts perceptions through a prism of duality:

Feeling of being separated from the whole

> feeling of being only this physical body

> feeling of mortality and meaninglessness

> search for meaning outside oneself

**"You are not connected to your inner Self. Check your connection."**

The trouble can begin.



*If only for a few moments, imagine that you have lived, are living and will live many existences in different worlds and dimensions. Then consider the compromises you have made to survive in this society.*



# THE AUTHORITY IMPOSTURE



By being born, you did not ask the authorization to exist.  
You were simply born.

While growing up and in order to relate to others, you have absorbed the parasitic ideas that imbue the collective consciousness.

The most basic and pernicious of these ideas is that an external authority has the power to think and decide for you.

Accept this proposition, and the spell is activated.



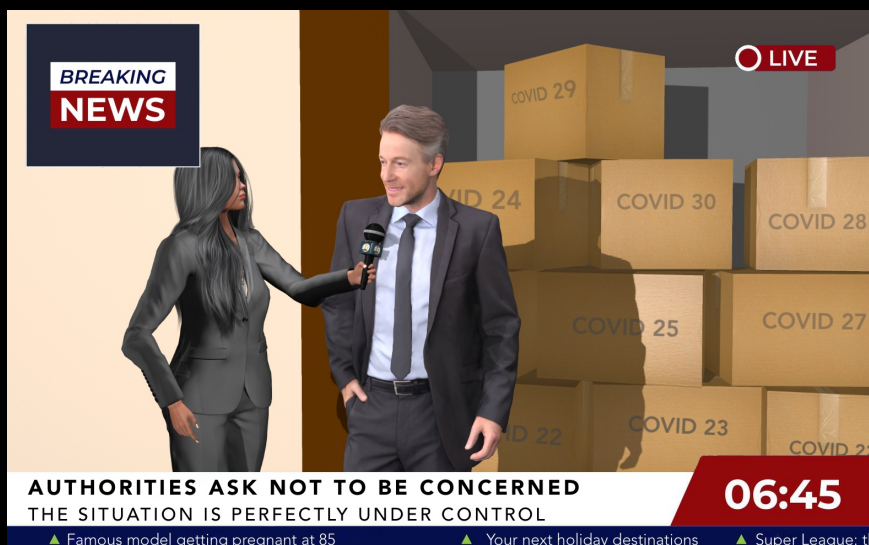
*Have fun listing everything or anyone you feel is more right, wiser, more entitled, more capable, more important or more powerful than you to the point of giving them your decision-making power.*

*When you ask someone else to give you direction in your own life, you keep self-actualisation at bay. Without this awareness, no method will help you.*

Seth

*You don't have to face the truth if you hire a belief system to do it for you. But belief systems come at a high price: they impose heavy taxes on your energy.*

Ken Carey



# ORIGIN OF THE SPELL



Ancient texts, scriptures and legends come together when they describe the conquest of humanity by alien entities in the distant past.

Babylonian tablets and the Epic of Gilgamesh point to alien interference in the modelling of human societies.

Oldest Christian text, the Nag Hammadi Scriptures mention the Archons, god-like entities interfering with human evolution.

Myths and legends from five continents speak of alien interference in the design of human societies.

*It could be that we are not using the original human software, but a pirated version...*

See Resources on the website for additional leads.

## Additional note

By disconnecting us from our higher dimensions, the spell has also robbed us of the memory of our cosmic origins. Religion and science have completed the sabotage, reducing living species, including humans, to biological assemblages that are probably random.

The question of our origins is crucial to our liberation: only with a cosmic perspective can we admit the reality and nature of the spell.

Once the spell is removed, our ancestral memories will be available again.



# TRACES OF PREDATORS



*The idea may be disturbing: humanity is a docile herd, a source of energy for entities from another plane.*

*"The ancient sorcerers of Mexico discovered that we have a companion for life: we harbour a predator that comes from the depths of the cosmos and has taken the reins of our lives. Human beings are its prisoners. The predator is our lord and master. He has made us docile and powerless. If we want to protest, he suppresses our protest. If we want to act independently, he demands that we refrain from doing so. (...)*

*All this time I have been trying to make you understand that something is holding us prisoner. We are really prisoners! (...) They have taken power because we are food for them, and they press us mercilessly because we are their food. (...)*

*The witch doctors believe that the predators have instilled in us our belief systems, our ideas of right and wrong and our social mores. They gave us greed, avarice and cowardice. It is the predators who make us complacent, routine and egomaniacal.*

*In order to make us obedient, weak and docile, the predators have engaged in a prodigious manoeuvre - of course, prodigious from the point of view of a combat strategy. A horrible manoeuvre from the point of view of those who are subjected to it. They have given us their minds! Do you hear me? The predators have given us their minds, which have become our minds! The predators' minds are baroque, contradictory, morose and now filled with the fear of being discovered at any moment. I know that even if you have never suffered from hunger, you possess the anxiety of starvation, which is none other than the anxiety of the predator who fears that at any moment his manoeuvre may be discovered and his source of food denied. Through the mind, which is after all their mind, predators inject into the lives of human beings whatever suits them. In this way they guarantee themselves a margin of safety, a buffer against their fear. (...)*

*By playing on our self-consciousness, which is the only point of consciousness we have left, predators create eruptions of consciousness which they consume in a ruthless and predatory manner. They infuse us with debilitating problems that cause these eruptions of consciousness to erupt, and in this way they keep us alive so that they can feed on the energetic eruptions of our pseudo-concerns."*

- Carlos Castaneda, "The active side of infinity".



If your reflex is to close this book and go and do something else, the spell is still very active.

## Shall we add a dose?

It'll certainly remind you of something:

*"The Matrix is everywhere - it's all around us - even now, in this room. You can see it when you look out the window or turn on the television. You can feel it when you go to work; when you go to church; when you pay your taxes. It is the world that has been plastered over your eyes to blind you to the truth - that you are a slave. Like everyone else, you were born in captivity - born in a prison you can't feel or touch - a prison for your mind."*

*"The Matrix is a system, Neo. This system is our enemy. When you are in it and you look around, what do you see? Businessmen, teachers, lawyers, carpenters - the minds of all those people we're trying to save. You have to understand this: most of these people are not ready to be unplugged - and many of them are so inert and damaged - so dependent on the system that they will fight to defend it."*

- Morpheus to Neo, The Matrix



# THE RELIGIOUS STUPEFACTION



Religion is key element in the automatic updating of the spell. Once you have accepted the notion of an external authority, you need an object to submit to and guidelines for living your life.

Since you have lost touch with your immortal Self, worshiping a God offers many advantages, the coolest of which is getting a vicarious sense of life.

Corruption of perceptions is becoming institutionalized, religions are spreading. Mentally ill people proclaim themselves as intermediaries between you and "God."

The contest for the best God story turns into a massacre. It continues to this day.

The spell works like a charm.

*There is a lot of talk about drug abuse. But many of you have taken massive doses of religion. The results are the same. You have taken massive doses of guilt, no matter what the circumstances. It represents an assault on the foundations of your consciousness.*

*Seth*

# BODY IDENTIFICATION



Your connection to the soul being interrupted, you are left with only a bag of skin to live in.

And not many options for self-fulfillment other than owning other bodies, accumulating possessions and conquering other territories.

Encouraged by the spell, the obsession to possess has shaped human history. Our societies, our laws and moral codes govern the activity of bodies.

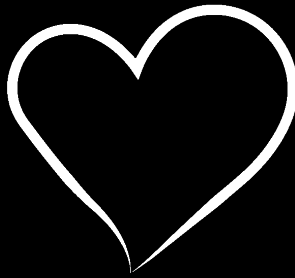
The debilitating influence of the spell is obvious. Unable to imagine existence outside our vehicle, we organize and embellish our prison reality.

And, under the influence of a parasitic mindset, we suck the life out of Gaia, our planetary host.

This is what happens when you think you are a body.



# THE SPELL AND LOVE



Love is the antidote to the psychic poisoning of the spell, for it dissolves fear. Without fear, the spell loses its power.

Love holds all things together, from galaxies to planets to the couples and atoms that make them up. Even the insane asylum that currently serves as our reality is held together by love.

It is our love of life, of the beings around us, of the consciousness that animates us, of art, etc. that gives coherence and meaning to the world. Without love, everything would collapse into nothingness.

Unable to corrupt love, the spell acts on the surface: it stultifies us, trying to reduce our experience of this love to a desiccated and emptied commodity, to the imperatives of reproduction and social interaction.

In other words, if we cannot eliminate love, we can at least infest its understanding.

## A fucking planet

The spell maintains a maximum of confusion for everything related to sex, mainly through contradictory injunctions. A taboo subject for centuries, it is nevertheless the area of human life most ravaged by stereotypes and conditioning.

Sexual conditioning is omnipresent, oozing from advertisements and the media and polluting the collective consciousness.

Unsurprisingly, porn is one of the most successful businesses: it is an extremely effective strategy for distorting life energy and blocking any natural experience of sexuality that might lead to ecstasy, dissolving the illusion of separation and nullifying the influence of the spell.

To prevent this potential awakening, individual identity is confined to the lower chakras and subjected to massive doses of sexual confusion. Its innate healing abilities are thus neutralised.

And the population of human zombies multiplies.

*"Every desire in your body is sacred"*

Hafez

# MYSTIFICATION OF GENDERS



As we enter the third millennium, the assault on our sexual identities has taken on a new dimension. The confusion is reaching new heights.

## **A little clarity**

In the course of its cosmic adventure, your immortal Self has occupied countless bodies. You have been a man, a woman, and perhaps a scholarly octopus from the constellation Andromeda.

But no body can contain the richness and diversity of your experiences.

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The loss of connection with our multidimensional nature has made the division between the sexes possible.

Patriarchy, the sterile paradigm of the spell, has caused unimaginable suffering over the centuries for both women and men: we have experienced both genders on our journey. The roles imposed on both women and men are a horror to our soul.

Today, the need for wholeness is intensifying. Women and men no longer recognise themselves in the historical definitions of gender, which have become stifling and unbearable.

Ideally, reconnecting to our multidimensional memories would easily dissolve gender role prisons, allowing more androgynous characters to emerge.

But under the influence of the spell, this liberation impulse remains captive to the offending paradigm. The claims remain at the level of the body and social uses: activities under hypnosis.

In this context, the only issues available are the LGBT movements, gender change and transhumanism.

In other words, an avalanche of new problems.

### **Additional note**



*In the US, the term 'mother' is now considered discriminatory towards LGBT communities. The term "birth giving person" is now preferred.*

*Motherhood was a sacred experience shared by women. This new trend comes on top of the countless abuses women have endured for millennia.*

# INTERLUDE

*A little pose with quotes from awakened spirits who have escaped the spell.*



*Beware of the tiny gods frightened men create to bring anaesthetic relief to their sad days.*

Hafez



*Indeed, it is becoming ever more obvious that it is not famine, not earthquakes, not microbes, not cancer but man himself who is the greatest danger to man, for the simple reason that there is no adequate protection against psychic epidemics, which are infinitely more devastating than the worst of natural catastrophes.*

Carl Jung



*Anyone who has the power to make you believe in absurdities has the power to make you commit injustices.*

Voltaire



*Now is the time to know that all you do is sacred..  
Now is the time for you to deeply compute the impossibility that there is anything but grace.*

Hafez



*I am very down to earth.  
Just not this earth.*

Karl Lagerfeld



*Nothing is more dangerous in the world than sincere ignorance and conscientious stupidity.*  
Martin Luther King Jr.



*The range of what we think and do is limited by what we fail to notice. And because we fail to notice that we fail to notice, there is little we can do to change; until we notice how failing to notice shapes our thoughts and deeds.*  
Ronald Laing



*Fear is the cheapest room in the house. I would like to see you living in better conditions.*  
Hafez



*"Ah, these brave people, full of their ardour and their health, they always make me think of optimistic tadpoles who, squeezed in a pond, wiggle their tails happily in the shallowest water without even suspecting that tomorrow, the pond will be dry."*  
Carl Jung



*We do much more work than you. Even when we are drunk, we are still more sober than you. You drink people's blood, and we drink the grape's blood. Let's be fair, which one of us is more immoral?*  
Omar Khayyâm



*Life is a sexually transmitted disease.*  
Ronald Laing



*If one person has an imaginary friend, he's a fool.  
If many persons have the same imaginary friend,  
it's a religion*  
Unknown



*Love sometimes wants to do us a great favour:  
hold us upside down and shake all the nonsense  
out.*  
Hafez



*After the game, the kings and the pawns are  
going in the same box.*  
Italian proverb

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# SCIENTIFIC BLINDNESS



*Science without conscience is the ruin of the soul*

- Rabelais

The scientific approach has weakened the power of religion, thank God, and has led to great technological advances.

But despite the discoveries of quantum physics that invalidate our dualistic conceptions - and could transform our conceptions of the world - most of science remains trapped in the spell. We divide to study, we kill to understand life, we manipulate and control.

In the service of the spell, science is no longer scientific. Rather, it should be described as a set of methods for torturing and violating matter - for adapting reality to the myth imposed by the spell.

Deeply bewitched, we continue to entrust our lives to "experts" who are equally bewitched, but also ignorant, blind and mad.

Today, to succeed in a scientific, economic, political, medical, academic or social career, one must adopt and serve the narrative of the spell.

### Additional note

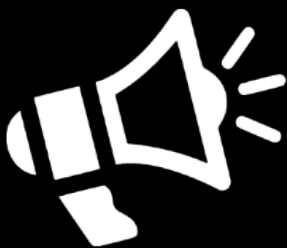
Freed from the influence of the spell, science could perform wonders and bring humanity unimaginable well-being.

Many technologies that respect consciousness and life already exist, in fields as diverse as energy and health.

They will become available when we break the spell.



# MASS MEDIA VIRUS



With rare and insignificant exceptions, all the world's media are owned by a handful of conglomerates, themselves in the hands of an elite in the service of the spell.

The media is a weapon of mass destruction of planetary sanity.

This incredible brainwashing machine spreads a formidable virus that annihilates our ability to think: fear.

Thanks to the media, the spell permeates everywhere, reducing its victims to dull, powerless creatures.

The media is a collective hypnosis device that suffocates intelligence with the narrative of the spell.

To reward our obedience, we are given false freedoms, such as taking on roles in a script we didn't write, or competing for ideas that are not our own.

The herd is free, as long as it stays in the pen.

Those who question the mass media's version of the world are called conspirators.

Information that is incompatible with the official narrative is suppressed from the main channels and networks.

George Orwell's dystopia 1984 has become a reality.



# THEY STOLE YOUR BODY



Indoctrinated by the spell, we believed that we had a physical body.

That's not even the case anymore.

The big pharmaceutical conglomerates (belonging to the same elite as the media) have taken over the medical art, the health authorities and your body. Your 'health' has become the object of unbelievably profitable speculation.

The spell has corrupted all areas of health. Under the pretext of treating physical and mental illness, people are being poisoned by big pharma. The practice of medicine is conditioned to the acceptance of the official creed. Alternative solutions are sanctioned.

With the COVID hoax, this scam has reached an unimaginable scale. People are being inoculated under duress with dangerous products. Those who do not comply are beginning to be penalised: loss of employment, segregation, health pass, etc.

By dispossessing you of your own body, the spell reaches the height of its effectiveness.

If you don't wake up soon, not even your tears will belong to you for long.



# COVID

Calculated obliteration of Vital Intelligent Deduction (COVID)



No controversy here, this story has already caused enough division and suffering. Just some observations on the influence of the spell.

Suddenly, a long-known flu unleashes a global war on the population. For our own good, we are confined, forbidden to move, controlled and traced.

Only Big Pharma and its puppet experts hold the truth; any other viewpoint is censored, and will soon be illegal.

Health measures, vaccines and political decrees divide already psychologically and economically strained families and communities.

Under the influence of the spell, a pandemic of fear has engulfed the planet.

This is truly a calculated and planned sabotage of our vital deductive capacities.

Don't be fooled...



Mom! Dad! You did this damn vaccine!

# POLITICS – FINANCE – POWER



*Power corrupts. Absolute power corrupts absolutely.*

Lord Acton

To make a career of politics is to become an agent of the spell. Full stop.

To engage in politics, even with generous intentions, is always to fight to make things better within the carceral reality produced by the spell.

The higher one rises in the ranks of power, the more one must submit to the worldview imposed by the spell.

The promises of the leaders are always false. None of them will accept that you change your software, betray the narrative and abandon the herd.

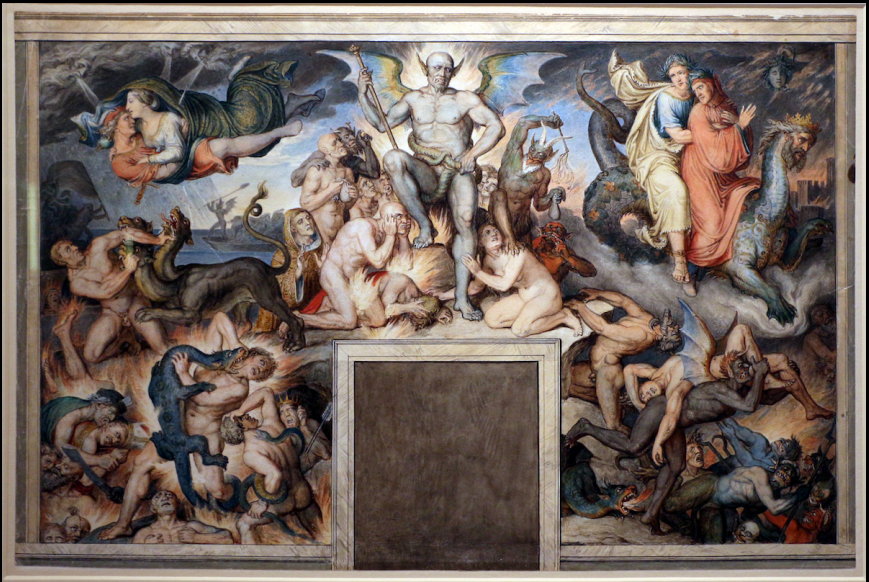
All the great fortunes of this world have made a Faustian pact with the spell. To obtain their power and wealth, they have sold their souls to the predator; they are its most influential agents.

Not surprisingly, they are presented as the ultimate models of success by the entire media machine.

The spell has many disguises. Do not be seduced.



*August 2021: Bernard Arnault, the CEO of the world's number one luxury goods company LVMH, has become the richest man in the world, with a fortune estimated at \$186.5 billion. This far exceeds the gross domestic product of many "developing" countries devastated by poverty and famine.*



Dante's Inferno, Joseph Anton Koch

# WHO ARE THE (V)PRITS?



The world we lived in was in many ways a horror film scripted under the influence of the spell.

When one realises the enormity of this global kidnapping, anger and indignation are perfectly natural emotions.

Yet, looking for the culprits is as pointless as asking whether the chicken made the egg or the egg made the chicken.

We have all agreed to play in this film, sometimes out of fear, sometimes out of greed, most often out of ignorance.

Human beings are fundamentally good, it was perhaps difficult for us to see such a Machiavellian plan.

By agreeing to play in the superproduction of the spell, we have become, in spite of ourselves, its actors and accomplices.

**There are no culprits**

As long as you don't question every facet of the worldview induced by the spell, you remain complicit in its propagation.

Your attention feeds it. Your fear empowers it. Withdraw your loyalty to this narrative, turn off the radio-talk and it will dissipate.

And now for the good news: the more absurd the world generated by the spell becomes, the less we believe in it.

As powerful as it may seem, the spell is getting weaker every day.



# STOP CLEANING THE MIRROR



Quantum physics and spirituality now agree on one thing: we experience what we imagine. Or, as the Buddha put it: the world you see is in your mind.

This world you see is the demented narrative of the spell, a hypnotic fable we believe in.

At every moment, we re-imagine the same film and project it onto the world screen, without questioning its scenario. The world is the mirror of our beliefs and inner states.

Upset, we try to clean the mirror to change things. Without success: it only reflects our projections, our ideas about the world.

The spell is a parasitic device that survives by feeding on our attention and altering our thoughts to its advantage.

To break the spell and regain a healthy mind, we need to stop endorsing the predatory narrative, to regain possession of our imagination and what it produces.

Without a power source, the spell will disappear.

We are going through the bardo, collectively. The function of the bardo is to reflect our inner states: our fears, our desires, our denials, our expectations, our obsessions and fantasies, our beliefs. In other words, it is a time to take a great inner inventory: "And this, do you want to keep it? Think hard, because everything you imagine becomes real."

Stop trying to clean the mirror. It's exhausting and useless. Clean up your thoughts instead.



# (HOOSE AGAIN



*August 2021*

The so-called COVID pandemic will be remembered as a historic turning point: the collapse of a spell-bound worldview.

More and more people around the world are discovering the contradictions, lies and frauds of the political and health authorities, the toxicity of the media and the perversity of the elites.

Like a seismic wave, doubt is seeping into the collective consciousness. The more absurd the situation becomes, the less credence is given to the official narratives.

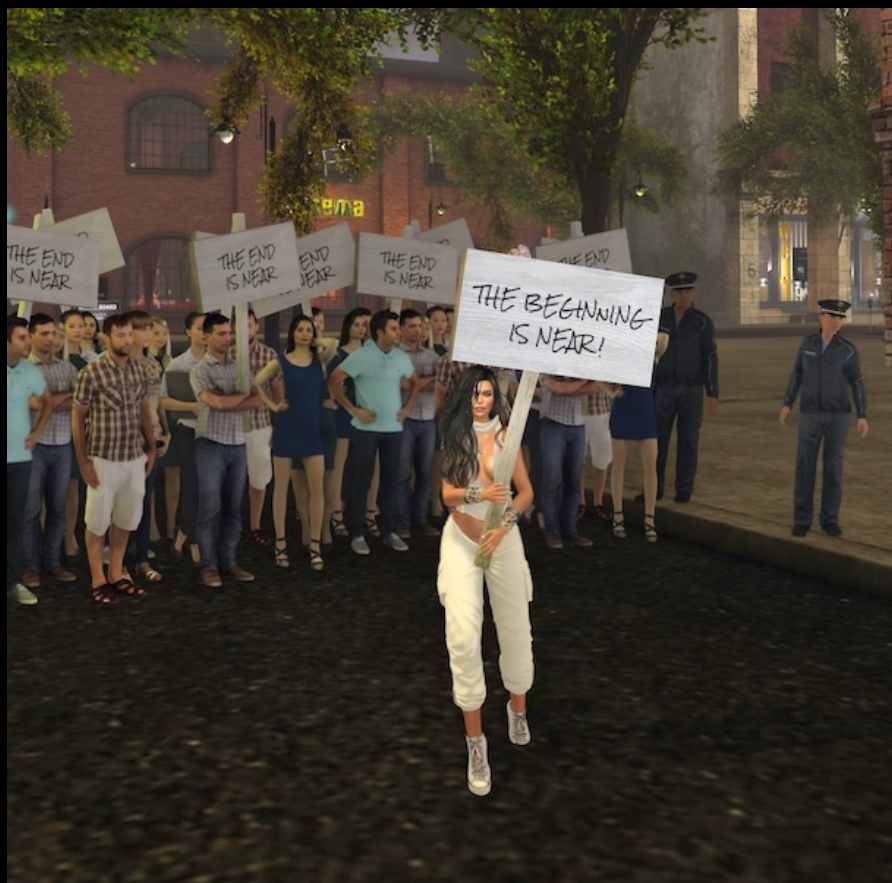
With these waves of doubt and distrust, the power of the spell weakens; we feel less and less a part of this demented version of reality.

**The days of the spell are numbered.**

Once the evil influence of the spell has been removed, our planet will not become a paradise in a day. Like us and all life on it, after millennia of abuse, it needs to heal.

Healing is a immense undertaking. But freed from the debilitating influence of the spell, we can do wonders.

(CHOOSE AGAIN...



## RESOURCES

The website lists a few resources on these subjects. Yet is impossible to be exhaustive: only a few major references are added. New ones will sometimes be added.

These resources are offered in both English and French.

[Breaking the spell website](#)

## SECOND HAND BELIEFS

If you haven't yet experienced the devastating effect of ready-made belief systems, a few are available on the website. These are second-hand belief systems, often faded or worn out, but they are offered free of charge.

[Breaking the spell website](#)

## OVERALL CONDOM

The overall condom® covers the whole body. A mouth filter allows for breathing and tube feeding, and optical lenses can be fitted at the eyes. The soles of the feet and hands are reinforced.

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# BREAKING THE SPELL

August 2021

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